

Shift Pattern

Job Title:	Full time LA
Grade:	FC3
Department:	Operations
Location:	
Reports to:	Duty Manager

Cowdenbeath FT LA Rota									
4 x36 hrs	Saturday	Sunday	Monday	Tuesday	Wednesdy	Thursday	Friday	Hours	US
Week1	07:45	07:45	05:45	OFF	05:45	05:45	05:45	49	19.5
	15:00	15:00	14:30		14:30	14:00	14:30		
	7.25	7.25	8.75		8.75	8.25	8.75		
	7.25	7.25	1.25		1.25	1.25	1.25		
Week2	OFF	OFF	14:30	OFF	14:30	14:00	14:30	31.5	9
			21:30		22:30	22:30	22:30		
			7		8	8.5	8		
			1.5		2.5	2.5	2.5		
Week3	09:30	08:45	OFF	05:45	05:45	05:45	OFF	40	17.5
	15:30	16:30		14:30	14:30	14:30			
	6	7.75		8.75	8.75	8.75			
	6	7.75		1.25	1.25	1.25			
Week 4	OFF	OFF	14:30	14:30	17:30	17:30	OFF	23.5	7.5
			22:30	22:30	21:15	21:15			
			8	8	3.75	3.75			
			2.5	2.5	1.25	1.25			
							Totals	144	53.5
							Average	36	13.375

*people are at the
heart
of all we do...*