Young Adult Carer (YAC) Worker

Fife Young Carers SCIO

Full time: 35 hours per week

Salary: £27, 161 - £27, 994

We are looking for a passionate and dedicated YAC Worker to join our team supporting our 16-25 YACs across Fife. YACs often face unique challenges balancing their caring responsibilities with their own life goals. Your role will be to help them achieve their full potential and support them towards a positive destination.

We're looking for someone who is able to:

- Deliver person-centred support to Young Adult Carers aged 16–25, helping them achieve their goals, improve wellbeing, and access education, employment, training, and other opportunities.
- Build positive, trusting relationships with young people through one-to-one support, group activities, workshops, and respite programmes.
- Develop and monitor support plans, provide advice and signposting, and organise activities that reduce isolation and promote confidence, resilience, and independence.
- Work effectively with partner agencies, including education providers, employers, and health professionals, to ensure coordinated support for young people.
- Bring experience supporting young adults with a range of needs, including strong knowledge of mental health and emotional wellbeing, alongside excellent communication, organisational, IT, and record-keeping skills.

The positions are subject to an enhanced disclosure check.

Application documents can be found on our website: www.fifeyoungcarers.co.uk

Please e-mail a completed application form (no CVs) to: admin@fifeyoungcarers.co.uk

Closing Date: Friday 4th December 2026, 5pm

Interview Dates: Monday 14th December

If you would like to discuss this role further before applying, please contact our office number 01592 407 262

We look forward to hearing from you.